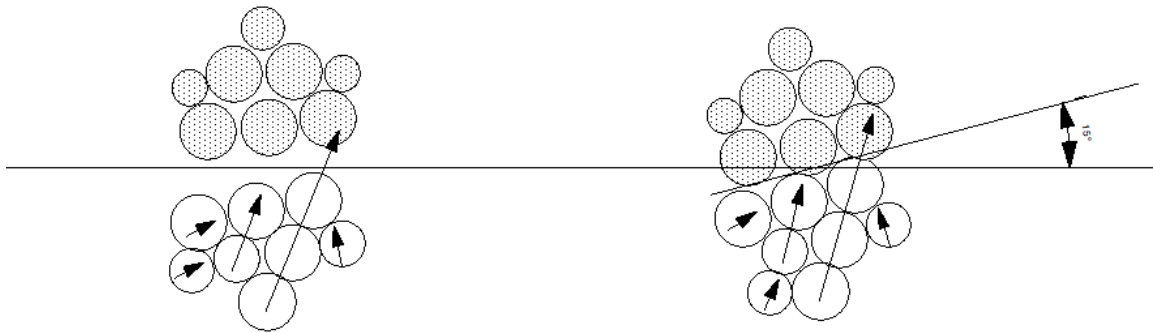




## ScrumClub Offensive Scrums

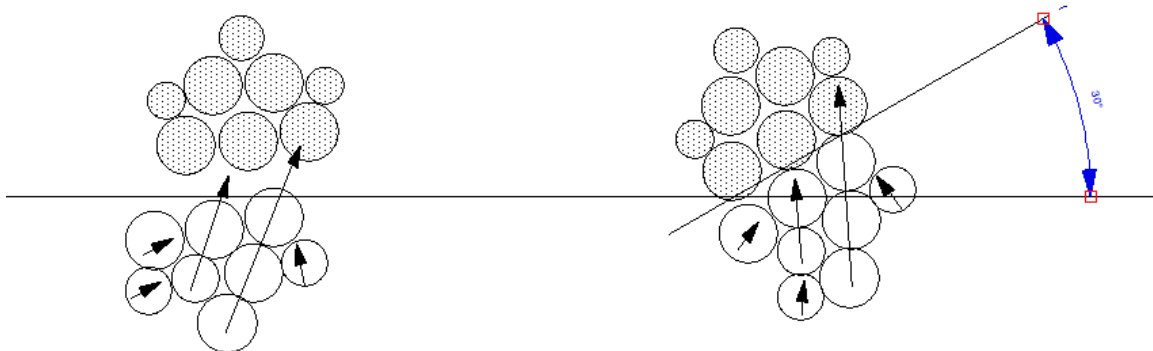
### "Smash Ball"-- our put in

Every ball we have we will smash our tighthead up with everyone pushing right shoulder to get a little wheel



### "Smash 33" --our put in

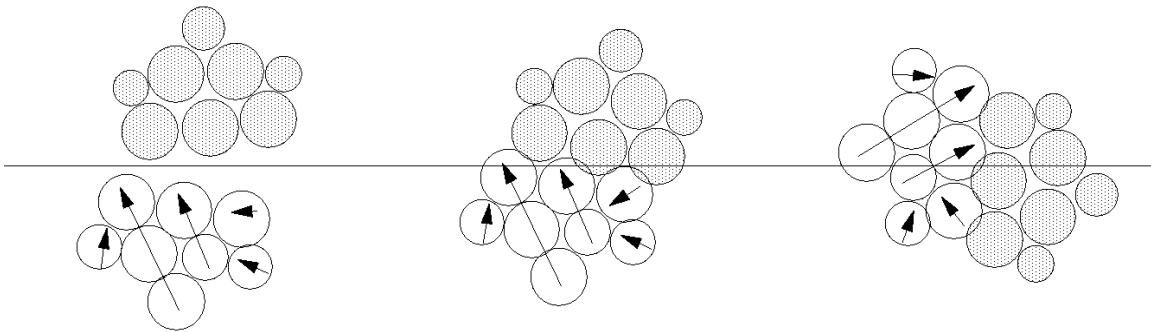
When we want a back row play to the right we call 33 to get more of wheel, everyone is right shouldering loosehead can fade a little to help bring it around. Number eight calls "Squeeze" when we get near 30 degrees, everyone locks out and squeezes, do not allow anymore rotation, the opposition may try and take it around to 90 degree for turn over.



## ScrumClub Defensive Scrums

### "19 or Defensive Auto"-- their put in

Hooker and loosehead start more forward to take on their tighthead, everyone is pushing left shoulder. Tighthead is hitting hard then fading when ball is put in. Everyone continues pushing left shoulder till ball is released or the ref calls 90 degrees, Back row watch not to get involved in the wheel, be aware of the attack, scrum half must tackle their eight before he can get off scrum.



### "29 or Arrow"-- thier put in

Loose and tighthead bore in on hooker, our hooker lifts, we try and go straight through them, stop any wheel, and take them straight back.

